

VIVID COLLECTION



and.

YOGA BLOCK

61331

Our lightweight yoga block gives the support you need for yoga training and stretching. The firm foam structure feels soft to the touch and has an anti-slip surface plus its corners cut for better grip.



FITNESS BALL

61334-65 • 61334-75

One of the classics for a reason. A fitness ball is an extremely versatile tool for toning and maintaining a healthy body. Vivid fitness ball brings color to your training, while being very durable and resistant to punctures.



61330PU • 61330TU

This charming training mat offers a comfortable surface for any fitness activity due to its 4 mm thickness. The slip resistant underside ensures that the mat stays put under all circumstances. Two color options.

Size 170 x 60 x 0.4 cm

Material TPE



YOGA STRAP

61332

The vivid yoga strap will help you reach even the hardest of stretches in yoga and mobility training. Made of super durable cotton canvas and stitched for long-lasting use.

Size 204 x 3,8 cm Material Cotton & Steel



CORE BALL

61333PI • 61333TU

The little brother and sister of larger exercise balls, the core ball is especially suited for spicing up your stretching routine or deepening your yoga training. With a diameter of 20 cm, the core ball is easy to take with to a yoga class.

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PUMP SET 20KG

1335

Vivid Pump Set offers a lively option for strength training at the home gym or body pump classes.

In set Barbell 2.5 kg / 131 cm

 $2 \times 5 / 2.5 / 1.25$ kg weight plates

2 x Spring collars



61336

Step Boards are a must-have for any group fitness classes. They bring variety to training by giving the option for an elevated surface. Combine with a pump set and you got a great set for any fitness activity. Adjustable for two heights.

Size 68 x 28 x 10 / 15 cm

Max load 100 kg



EXERCISE BAND SET

61340

61338

152

for extra resistance.

Exercise Bands (TPR) can be used to make regular training routines more challenging and varied. Three different resistances suited for strength training, stretching and rehabilitation.



TUBE TRAINER

61339

Tube Trainer with foam padded handles and a medium resistance. Comes with a door anchor, so you can easily attach it almost anywhere to do pushing and pulling exercises.



MINI BAND SET

If you want to take your body weight

exercises to the next level, then look no

further and get a set of latex Mini Bands

JUMP ROPE

61337

Jump Rope is another classic tool for fun and effective training. Just over 2 meters long, and can be adjusted for just the right length. Features smooth ball-bearings and anti-slip handles.



HEADBAND SET

61341

Are you eating hair when you're training? That's easy to prevent with Vivid Headband Set. Provides you with two lively bands for keeping your hair in place.



FOAM ROLLER 60CM

61342

Vivid Foam Roller wants you to be at your best and perform well. That's why it helps you relieve muscle tension and pain by simply rolling your body on top of it. The surface is optimized for the perfect soft-to-firm ratio.



TUBE ROLLER 33CM

61343

Our Tube Roller has been developed to reach those extra deep muscle tensions with its specially designed surface. Perfect fit for extra active fitness enthusiasts.



MYO BALL

61347

Handy little Myo Ball, that is firm enough to trigger even the most stubborn muscle tensions. Diameter 6 cm.



MASSAGE BALL

61346

Specially designed Massage Ball for optimal feel and texture to comfortably treat your sore muscles. Effective at reducing muscle aches and discomfort. Diameter 10 cm.



SPIKE MAT

61344

Vivid Spike Mat has more than 6000 little spikes, that are designed to revive your body by accerelating blood flow and relieving muscle tension and pain.

MASSAGE STICK

61345

Massage Stick is a sturdy little piece of equipment that can be used by hand to roll over tense spots on the body. Helps your muscles to recover. Length 45 cm.

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Gymstick International Oy Ratavartijankatu 11, 15170 Lahti, Finland info@gymstick.com +358 10 229 3040